

Sally Barkow

Carrie Howe

Debbie Capozzi

Annie Lush

World
Rank

27



USA

TEAM 7



Skipper Sally Barkow, 23, is a full-time sailor.

Carrie, 22, and Debbie, 22, also are currently sailing full-time.

Successful collegiate sailors, the trio met in college and already have racked up some impressive victories.

Sally and Debbie graduated from Old Dominion University in 2002 and 2003, respectively. Carrie graduated from Boston College in 2003. The three all found success in the college sailing circuit, along with personal accomplishments in the 420 and Laser classes. Sally raced locally in Scow country, while Carrie dominated in the Motor City and Debbie worked the East Coast.

The trio won its second event ever sailing together in the Yngling class at the Miami Olympic Classes Regatta, and last year won the Rolex International Women's Keelboat Championship in Annapolis. Last month, they placed third in the U.S. Olympic Yngling Trials.

This is a young, energetic team that enjoys racing. After winning the 2003 Miami OCR during their last year of college, the three decided to embark on an Olympic campaign in the Yngling class. They scheduled as much racing as possible, at home and overseas, mixing fleet racing and match racing. Coming straight from college, they had a solid background for small fleet tactics along with learning the competitive edge and what it takes to win.

"The campaign brought us a victory at the Rolex International Women's Keelboat regatta and has opened our eyes to the world of women's match racing," Sally says. "Just recently we competed in the Olympic Trials and although we ended a close third, we had a very successful journey and are already planning our four-year journey to the 2008 Olympics in China. Being such a young team, we know that we can have a strong future.